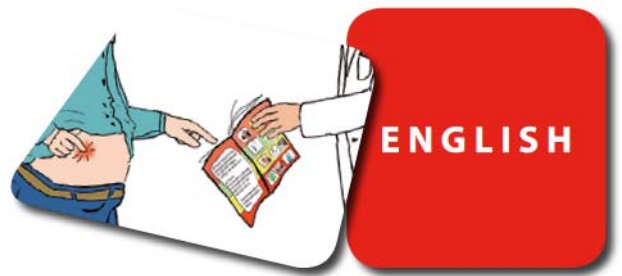
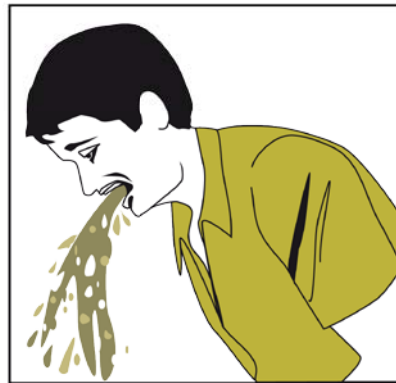


# tip doc

## General conduct in case of gastrointestinal disorders



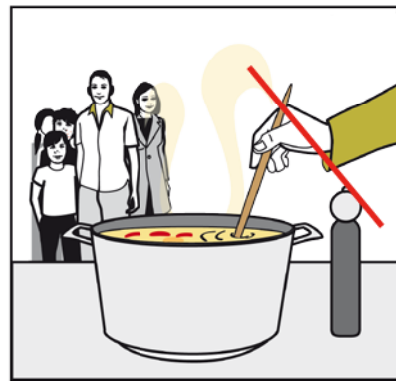
Diarrhea



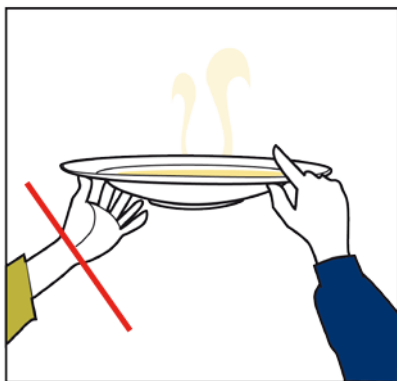
Vomiting



Do not distribute food in the community.



Do not prepare food for others.



Do not touch other people's food or crockery.



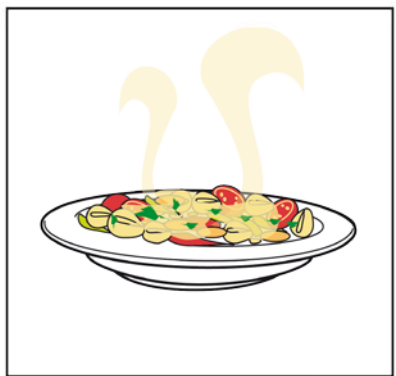
Please report to the home management. Report to the home management. The home management can then take hygienic measures for your protection and the protection of others."

# tip doc

**Wash your hands**  
**Disinfect your hands**



## When?



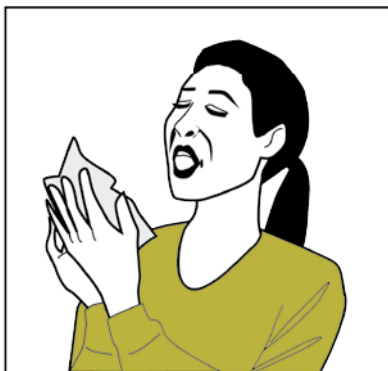
Before Meals



Each time you come home



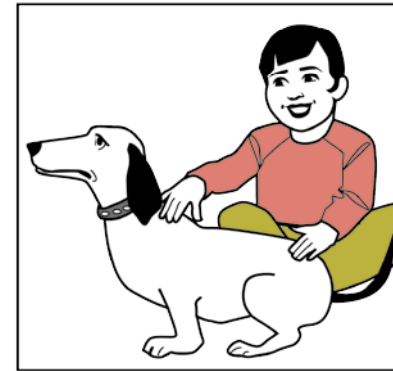
After using the restroom



After sneezing



After coughing



After being in contact with animals



After touching objects which have been used by many people (stair railings, door-handles)



After coming in contact with garbage

**Wash your hands**  
**Disinfect your hands**



# tip doc

**Wash your hands**  
**Disinfect your hands**



**How?**

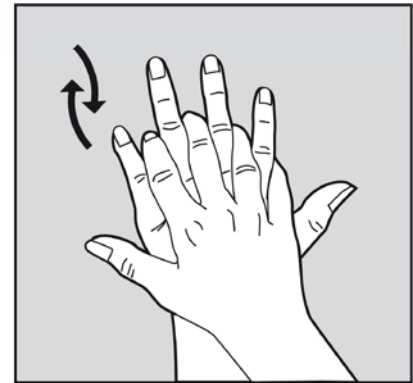
## Wash your hands



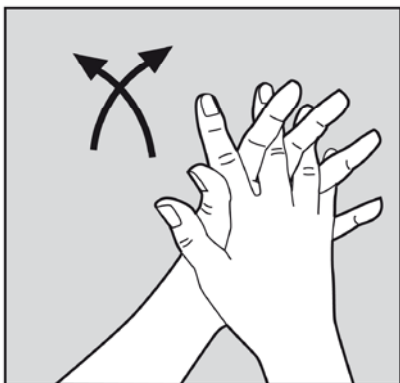
**1.**  
Wet your hands



**2.**  
Rub your hands thoroughly with soap



**3.**  
Rub your hands thoroughly with soap



**4.**  
Rub your hands thoroughly with soap

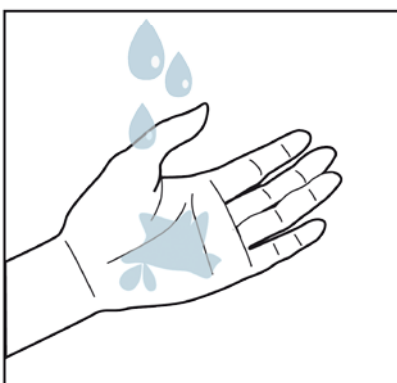


**5.**  
Rinse your hands thoroughly

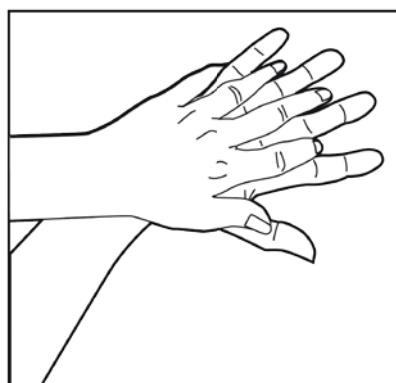


**6.**  
Dry your hands

## Disinfect your hands



**7.**  
Take sufficient hand disinfectant in your hand.



**8.**  
Also rub it between your fingers thoroughly.



Bild und Sprache e.V.

© Bild und Sprache e.V.  
www.medi-bild.de  
info@medi-bild.de

Dieses Informationsblatt wurde gefördert vom Amt für Flüchtlingshilfe Esslingen.